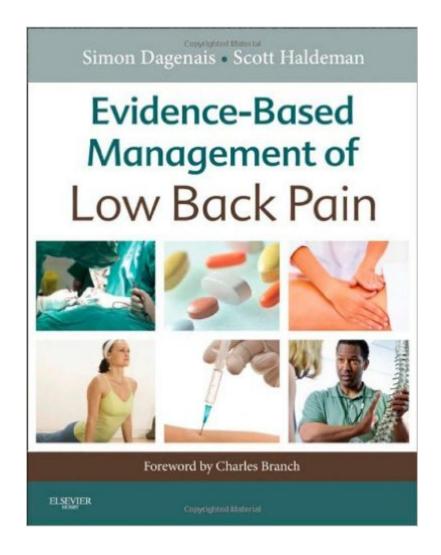
The book was found

Evidence-Based Management Of Low Back Pain, 1e





Synopsis

Covering all commonly used interventions for acute and chronic low back pain conditions, Evidence-Based Management of Low Back Pain consolidates current scientific studies and research evidence into a single, practical resource. Its multidisciplinary approach covers a wide scope of treatments from manual therapies to medical interventions to surgery, organizing interventions from least to most invasive. Editors Simon Dagenais and Scott Haldeman, along with expert contributors from a variety of clinical and academic institutions throughout the world, focus on the best available scientific evidence, summarizing the results from the strongest to the weakest types of studies. No other book makes it so easy to compare the different interventions and treatment approaches, giving you the tools to make better, more informed clinical decisions. A multidisciplinary approach covers treatments from manual therapies to medical interventions to surgery, and many others in between. An interdisciplinary approach enables health care providers to work together. A logical, easy-to-follow organization covers information by intervention type, from least invasive to most invasive. A Integration of interventions provides information in a clinically useful way, so it's easier to consider more than one type of treatment or intervention for low back pain, and easier to see which methods should be tried first. 155 illustrations include x-rays, photos, and drawings. Tables and boxes summarize key information. Evidence-based content allows you to make clinical decisions based on the ranking the best available scientific studies from strongest to weakest. Patient history and examination chapters help in assessing the patient's condition and in ruling out serious pathology before making decisions about specific interventions. Experienced editors and contributors are proven authors, researchers, and teachers, and practitioners, well known in the areas of orthopedics, pain management, chiropractic, physical therapy, and behavioral medicine as well as complementary and alternative medicine; the book's contributors include some of the leading clinical and research experts in the field of low back pain. Coverage based on The Spine Journal special issue on low back pain ensures that topics are relevant and up to date.A systematic review of interventions for low back pain includes these categories: patient education, exercise and rehabilitation, medications, manual therapy, physical modalities, complementary and alternative medicine, behavioral modification, injections, minimally invasive procedures, and surgery. Surgical interventions include decompression, fusion, disc arthroplasty, and dynamic stabilization. Additional coverage includes patient education and multidisciplinary rehabilitation.

Book Information

Hardcover: 496 pages

Publisher: Mosby; 1 edition (February 25, 2011)

Language: English

ISBN-10: 0323072933

ISBN-13: 978-0323072939

Product Dimensions: 8.7 x 1 x 11.1 inches

Shipping Weight: 2.8 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars Â See all reviews (4 customer reviews)

Best Sellers Rank: #1,033,584 in Books (See Top 100 in Books) #121 in Books > Textbooks >

Medicine & Health Sciences > Alternative Medicine > Chiropractic #249 in Books > Medical

Books > Allied Health Professions > Chiropractic #838 in Books > Textbooks > Medicine &

Health Sciences > Allied Health Services > Physical Therapy

Customer Reviews

This book serves as an update of a special issue of The Spine Journal published in 2008 that focused on the management of acute and chronic low back pain without surgery. This textbook builds upon that issue and even improves the content. It's a well-organized and thorough review of the literature without being dull or tedious - not something you see very often. The different approaches discussed in this book include: physical activity, smoking cessation and weight loss; watchful waiting and brief education; back schools and fear avoidance training; lumbar stabilization exercise; lumbar strengthening exercise; McKenzie method; common analgesics; opioid analgesics; adjunctive analgesics; electrotherapeutic modalities and physical agents; traction therapy; massage therapy; spinal manipulation and mobilization; medicine-assisted manipulation and therapy; nutritional, herbal and homeopathic supplements; needle acupuncture; cognitive behavioral therapy; functional restoration; epidural steroid injections; trigger point injections; prolotherapy; lumbar medial branch neurotomoy; intradiscal thermal therapies; nucleoplasty; decompression surgery; fusion surgery and disc arthroplasty. Each chapter has five sections in the discussion of each intervention: description, theory, efficacy, safety and costs. One of the great things about this text is its objectivity. If the research supports a certain intervention, it's discussed. If the research does not support a certain intervention or if the research is insufficient, that's discussed as well. When it's all said and done, this is an excellent text for any health care professional involved in managing low back pain. I would also highly recommend this text for students as well even if it's not required reading. I really can't imagine a better overview of all the different types of treatments available for the management of low back pain.

This is the most complete and comprehensive textbook on the current effective treatment protocols for chronic low back pain that I have read. I highly recommend this textbook to any physicians that want to give their patients the cutting edge treatment for these chronic disabling conditions. To the best of health, Dr Jim Wooley DCTwo Time Olympian and 1984 Olympic Team Doctor and Manager

I strongly recommend this book to any health care practitioner that is involved in treating low back. Evidence based protocols are the new light to guide us in helping a providers with certainty and confidence.

Excellent book, it is a complete review, and should be a reference book. It has details of all that is important. Buy it!

Download to continue reading...

Evidence-Based Management of Low Back Pain, 1e Low salt. Low salt cooking. Low salt recipes.: Saltless: Fresh, Fast, Easy. (Saltless: NEW fresh, fast, easy low salt, low sodium cookbook) (Volume 2) Evidence-Based Practice For Nurses: Appraisal and Application of Research (Schmidt, Evidence Based Practice for Nurses) Johns Hopkins Nursing Evidence Based Practice Model and Guidelines (Second Edition) (Dearholt, John Hopkins Nursing Evidence-Based Practice Model and Guidelines (previous) Low Carb Dump Meals: 25 Easy, Delicious and Healthy Dump Dinner Recipes You Won't Believe Are Actually Low Carb!: (low carbohydrate, high protein, low ... Ketogenic Diet to Overcome Belly Fat) Bonica's Management of Pain (Fishman, Bonica's Pain Management) Therapeutic Exercise for Lumbopelvic Stabilization: A Motor Control Approach for the Treatment and Prevention of Low Back Pain, 2e Watch Your Back!: How the Back Pain Industry Is Costing Us More and Giving Us Less and What You Can Do to Inform and Empower Yourself in Seeking ... Culture and Politics of Health Care Work) Low Carb Aroma Rice Cooker: 50 Easy, Low Carb and Paleo Recipes with Your Rice Cooker for Busy People (Low Carb Meals & Rice Cooker) Low Carb: The Low Carb Dessert BIBLE© with over 200+ Decadent Recipes (The Ultimate Low Carb Dessert CookBook for Rapid Weight Loss) Wall & Melzack's Textbook of Pain: Expert Consult - Online and Print, 6e (Wall and Melzack's Textbook of Pain) Pain Relief: Manage and Eliminate Pain, Accelerate Recovery, and Feel Better You Are Not Your Pain: Using Mindfulness to Relieve Pain, Reduce Stress, and Restore Well-Being---An Eight-Week Program Identifying Perinatal Depression and Anxiety: Evidence-based Practice in Screening, Psychosocial Assessment and Management 50+ Foot Challenges: Assessment and Evidence-Based Management, 2e The New

Evidence That Demands A Verdict: Evidence I & II Fully Updated in One Volume To Answer The Questions Challenging Christians in the 21st Century. Patricia Cornwell CD Audio Treasury Volume Two Low Price: Includes Body of Evidence and Post Mortem (Kay Scarpetta Series) The MindBody Workbook: A Thirty Day Program of Insight and Awareness for People with Back Pain and Other Disorders Healing Back Pain: The Mind-Body Connection The Ab Revolution Fourth Edition - No More Crunches No More Back Pain

Dmca